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You should read this written explanation before use. Please keep it so that you can read it when you need to.

ピシャット®

Pishat Antidiarrheal OD Tablet

Designated 2nd class OTC drug

Antidiarrheal medicine

Features

○ Loperamide hydrochloride contained in Pishat Antidiarrheal OD Tablet acts directly on the intestines and improves diarrhea by suppressing the peristaltic motion and intestinal water secretion.
○ This medicine is an orally disintegrating tablet (OD tablet): it melts like cotton candy in the mouth and can be dry-swallowed on the spot for sudden diarrhea and loose stools that occur when commuting, going to school or attending a meeting.
○ Against diarrhea caused by overeating, overdrinking, or a chill while sleeping, we recommend Pishat Antidiarrheal OD Tablet which works with just one tablet at a time.

⚠ Precautions

When not to use the product

(If you do not follow these instructions, the current symptoms may worsen, or adverse reactions/incidents are more likely to occur.)

1. This product should not be taken by the following persons.
(1) Patients who have had an allergic symptom to this drug or its ingredients
(2) Children under 15 years old
(3) Patients with phenylketonuria (This tablet contains L-phenylalanine)

2. This medicine should not be taken together with the following medicines:
Gastrointestinal analgesics and antispasmodics

3. After taking this drug, do not drive a car or operate machinery.
(Sleepiness may occur)

4. Do not drink alcohol before/after taking this medicine.

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.
(1) Patients undergoing medical treatment from a physician
(2) Those who have diarrhea with fever, bloody stool or persistent mucous stool
(3) Those who have acute or severe diarrhea or diarrhea with symptoms such as abdominal pain, abdominal distension or nausea (Stopping diarrhea with this medicine may worsen the disease)
(4) Patients with anal disease, etc., who have to avoid constipation (Constipation may occur by taking this medicine)
(5) Pregnant women or women suspected of being pregnant
(6) Nursing women
(7) The elderly
(8) Patients who have experienced allergic symptoms associated with drugs, etc.

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document (package insert) to your physician, pharmacist, or registered salesperson for a consultation.

Related Area	Symptom
Skin	Rash, redness, itching, oedema
Gastrointestinal system	Loss of appetite, abdominal pain, nausea, feeling of fullness in the abdomen, constipation, feeling of discomfort in the stomach, vomiting
Neuropsychiatric system	Dizziness

(See reverse side)

The following serious symptoms may occur in rare cases. In such cases, immediately seek medical aid:

Name of Symptom	Symptom
Shock (Anaphylaxis)	Symptoms, such as itching of skin, urticaria, hoarseness, sneezing, itchy throat, breathing difficulties, palpitations, and clouding of consciousness may occur immediately after taking this medicine
Oculomucocutaneous syndrome (Stevens-Johnson syndrome), Toxic epidermal necrolysis	Hyperthermia, ocular hyperaemia, eye discharge, lip erosion, pain throat, widespread skin rash/redness, etc. may persist or suddenly worsen
Ileus-like symptoms (Intestinal obstruction-like symptoms)	Severe abdominal pain, inability to pass intestinal gas (flatus), vomiting, or severe constipation with feeling of fullness in the abdomen may occur

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this document (package insert) to your physician, pharmacist, or registered salesperson for a consultation.
Constipation, drowsiness

4. When symptoms do not improve even after taking this medicine for 2 to 3 days, stop taking this medicine and consult a physician, pharmacist or registered salesperson. Be sure to take this package insert (instruction leaflet) with you.

Indications

Diarrhea caused by overeating and overdrinking and diarrhea caused by a chill while sleeping

Dosage and Directions

Take the following dosages by chewing or with cold or warm water. Allow at least 4 hours between doses. Do not take after diarrhea stops.

Age	One dose	Daily dosage
Adult (15 years and older)	1 tablet	2 times
Under 15 years of age	Do not use	

< Dosage and Administration Precautions >

(1) Follow the dosage and directions.

(2) To remove the tablet from the package:
As shown in the illustration on the right, press the convex part of the blister pack sheet containing the tablets firmly with a fingertip, break the aluminum foil on the back side, and take out the tablet.
(Accidental ingestion of a blister pack sheet containing the tablet can lead to injury, such as damage to the esophageal membrane).

Ingredients and Contents

• Every 2 tablets (daily adult dosage) include the following ingredients:
Loperamide hydrochloride 1mg
Inactive ingredients: D-mannitol, magnesium aluminometasilicate, hydroxypropyl Cellulose, tannic acid, crospovidone, aspartame (an L-phenylalanine compound), citric acid hydrate, l-menthol, flavoring, magnesium stearate

Storage and Handling Precautions

1. Store in a cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
4. Do not use after the use-by date indicated on the package.

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